



Music & Resilience

2011-2019

International
Music Council

Musical Rights Award 2013



where we work

Beddawi camp | Tarablus

- Community music
- Teachers training
- Music therapy



Shatila, Burj El Barajneh & Mar Elias camps | Beirut

- Music therapy
- Kindergarten staff training



Ein El Helweh camp | Saida

- Community music
- Teachers training
- Music therapy



El Jalil camp | Baalbek

- Psycho-social music
- Staff training



MUSIC & RESILIENCE (M&R) develops music resources with-in psycho-social, health and cultural frameworks, as a protection factor for the young generations of the Palestinian and other refugee communities living in Lebanon.

The leading organizations of the project, *Prima Materia* and *National Institution of Social Care and Vocational Training 'Beit Atfal Assumoud'* (NISCVT), have been supported by a large circle of associates, friends, donors, volunteers and sponsors, all of whom have been essential for the project's development.

Palestinians used to live in... Palestine, before 1948.

As a result of the first Arab-Israeli war, hundreds of thousands of Palestinians were forced to leave their homeland to seek refuge in nearby countries.

Almost 450,000 registered Palestinian refugees* live scattered throughout Lebanon, in refugee camps and informal settlements.

They have never gained full citizenship, and have suffered every sort of deprivation for the last 71 years.

Palestinians in Lebanon:

- mostly live in refugee camps, the areas of which have not been expanded since their establishment in 1948, even though the population has increased more than 4 times.
- cannot access public education; cannot access health services; cannot vote; cannot practice professions (law, engineering, medicine, etc.); cannot own property...
- have endured the Lebanese civil war (1975-1990) and the Israeli invasion (1982) at tremendous costs in terms of human lives, infrastructures and hopes for the future.

* Source: UNRWA, 2014. Retrieved from <https://www.unrwa.org/where-we-work/lebanon>



M&R supports NISCVT in **4 interdependent and interlocking areas** of music resource development, which connect along a psycho-social-cultural continuum addressing clinical, preventive, educational and aesthetic needs in the local community.

Clinical care Music therapy (MT)

Prevention Psycho-social music (PS)

Education Kindergarten music (KG)

Culture Community music (CM)

what we do

M&R today



12 NISCVT staff members (coordinators, social workers, psychologists, music teachers) working locally



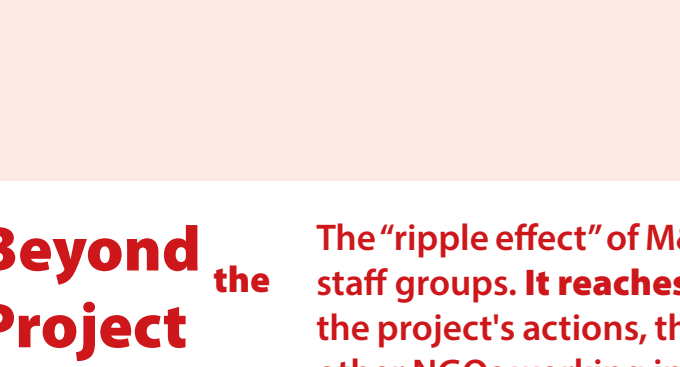
45 children in MT treatment, 2 clinical research projects



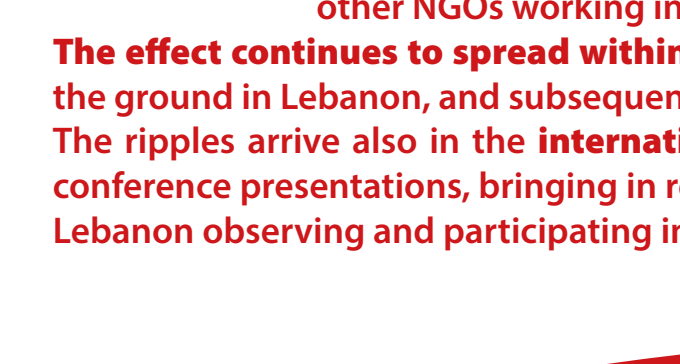
80 children and students in Community Music (aged 7-22)



60 children in psycho-social music (aged 5-16)



2 NISCVT music therapists qualified (March 2019) in Assisi, Italy



12 Palestinian and Syrian students in CM training



24 teachers (remedial and KG) in PS music training



18 professionals and volunteers from Europe supporting coordination, monitoring, training and workshop facilitation

Beyond the Project

The "ripple effect" of M&R is emergent at a micro-level through the sharing of research and practice within NISCVT's staff groups. It reaches out into the **refugee camp communities**, through the families of the children involved in the project's actions, the **community at large** through public performances, and the sharing of best practices with other NGOs working in similar ways.

The effect continues to spread within a **European context**, through the direct participation of professionals and volunteers on the ground in Lebanon, and subsequently in European communities who share their testimonies.

The ripples arrive also in the **international academic community**, through research reports, master dissertations, articles and conference presentations, bringing in response an increasing demand from professionals and students in Europe to spend time in Lebanon observing and participating in the project.



Partners and sponsors

National Institute for Social Care and Vocational Training 'Beit Atfal Assumoud' Lebanon; Welfare Association, Lebanon; 'Ulaia Artesud' ONLUS, Rome; Blue Mission Organization, Lebanon; School of Music Therapy, Assisi; International Music Council, Paris; Nordoff Robbins Music Therapy, London; Moviment Coral Català, Barcelona; Psychologists for Social Responsibility, Finland; Regions of Tuscany and Puglia, Italy; Province of Florence, Italy; Municipal Union Empolese-Valdelsa, Italy; Municipalities of Montespertoli and San Casciano Val di Pesa, Italy; ARCI Tuscany, Italy; 'Assopace' Mola di Bari, Italy. Significant cash contributions and instrument donations from hundreds of small firms and private individuals throughout Europe.